



Wednesday, 20 January 2010

Healthy Weight Week is Next Week! 24-31 January

Events happening at the Barwon Division office in Moree during Healthy Weight Week:

Wed 27 Jan: 12.15pm-1.30pm Health Seminar: **“Eating to lose weight and be healthy”** (healthy lunch provided) Facilitator: Fran Corcoles, Dietitian, Hunter New England Area Health Service.

Wed 27 Jan: 5.15pm -6.30pm Health seminar: **“Getting active and staying active”** (light refreshments provided). Facilitator: Dale McCudden, Exercise Physiologist, Enriched Health

Friday 29 Jan 9.15am - 10.30am: Health seminar **“Dietitians guide to the supermarket: how to choose healthy foods for you and your family “** (light refreshments provided)
Facilitator: Elizabeth Hammell, Dietitian, Barwon DGP

Please let interested patients know they should contact Elizabeth or Debbie at the Division on 6752 7196 by the 22nd of January. Bookings essential as limited places are available!

Upcoming events

‘Young Minds’ Treating Depression and Anxiety in Young People Presented by Mary Kaspar

Date: Saturday 27 February 2010

Time: 9.00am - 5.00pm

Venue: Guyra - The Rafters

REGISTRATION

Please phone Pricilla Chalmers, New England Division of GP on 6771 1146 for registration and further details

www.nedgp.org.au

**** ‘Young Minds’ Workshops also coming to Moree and Gunnedah soon!**

Clinical Teacher Training Workshop - Sat 20 March, Armidale

On Sat 20 March, GP Synergy will be holding a clinical teacher training workshop in Armidale, NSW. This is an interactive workshop that focuses on practical clinical teaching techniques, ideal for those interested in clinical teaching, as well as those already involved who would like to extend and add to their existing clinical teaching skills. The cost for non-GP Synergy supervisors to attend is \$550 (incl GST) however this attendance fee will be reimbursed to any GP who signs up to become a GP supervisor. For more information email Eliza on elizac@gpsynergy.com.au or 9818 4433.

Rural Health Education Foundation www.rhef.com.au

Topic	Date	AEDT	Channel	Live?	Repeat of Broadcast
905: Birthing in the bush	Fri 22 Jan	12.30pm	23		